

THE HAVEN NEWSLETTER



DEAR SISTER...



2026 here we come ♥ As we step into this new year, we're creating The Haven - a space to *become*. A place to feel renewed, connected, and refreshed. It will be the home for our monthly newsletter, community chat, updates, and more.

But ... can we pause for a moment sis? Before the pressure of new goals takes over, allow yourself to begin slowly, with softness, clarity, and intention. Throughout Q1, choose one or two areas to focus on — not from stress, but from purpose. Whether it's your health, finances, friendships, or prayer life, honor what matters most to you, little by little.

LET'S GET REAL

You don't have to move at everyone else's pace.

You don't need all the answers in January.

Growth can be slow, intentional, and still deeply meaningful.

LET JANUARY BE A MONTH OF ALIGNING, SOFTENING,
AND PRAYER-LED DECISIONS.



EVENTS & EXPERIENCES

Our Galentines Gathering is coming in February! Details coming soon — but expect joy, connection, and an atmosphere full of love.

"Commit to the Lord whatever you do, and He will establish your plans." (Proverbs 16:3)

JAN 2026